

# PRESS KIT

## ABOUT

### I AM A COMEDIAN, HOST.. BLA BLA BLA

Helen's roots are in NYC from her years at The Boston Comedy Club, The Comic Strip and Stand-up NY. Adding TV credits early on including co-host of "Short Attention Span Theater" on Comedy Central. A highlight of her time in NYC was opening for Rich Hall on a college tour.

Helen moved to Los Angeles as her TV appearances increased. A time when she also joined Joanie Fagan and Maryellen Hooper on a North America theater tour as the "3 Blonde Moms" culminating in a sell out at the Jesu Theatre at the Montreal Just for Laughs Festival (her second appearance at the Festival). She has spent the last decade as a Host on HSN and raising her daughter as a single Mom.

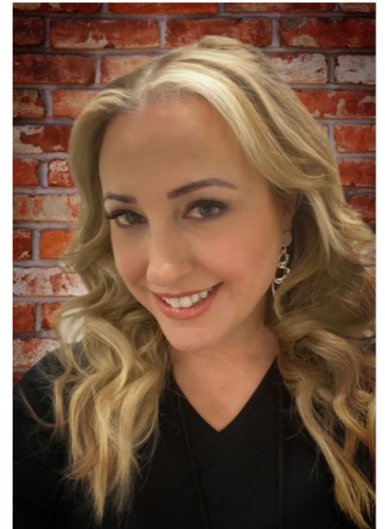
2020 was going to be the year she started touring again!! Wait, what? Helen is excited to finally be back on the road, fixing the audience one table at a time.

Other Career Highlights: Helen is also known as the voice for the sexy female lead on the classic video game "Pandemonium" co-starring Greg Proops. Her stand-up appearances include A&E's "An Evening at the Improv" (Currently Streaming on Amazon Prime), Lifetime's "Girl's Night Out," VH-1's "Stand-up Spotlight," NBC's "Friday Night," Comedy Central's "Make Me Laugh", "Nick Mom Nite Out" and the feature film "The Tooth Fairy 2" with Larry the Cable Guy.

Television hosting gigs include TBS's "Movies For Guys Who Like Movies," GSN's "Lover's Lounge" and "Caroline and Friends" (celebrity panelist along with Ryan Hamilton), Discovery Health's "Sex Drive", and Style Network's "You're Invited".



STALK ME



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